

WAYNE-FINGER LAKES CROSS COUNTRY 2023 SCHEDULE

* in order according to official 23/24 BEDS enrollment

East	Central	West
Geneva 534	Penn Yan 309 inc G	Red Creek 197
Wayne 494	NRW 281 inc G	Red Jacket 179 inc G
Pal Mac 462 inc G	Sodus/Marion 259 inc G	SS/Rom 152/87 -179 ?
Newark 443	Marcus Whitman 255	Honeoye 155
Midlakes 377 inc G	Cl-Sav/Lyons 215/161 -249	Dundee/Brad 135/50-148
Waterloo 371	Williamson 240	HAC 121
Mynderse 311 inc G	Bloom/Naples 238	EPCS - follow Pal Mac
	St. Mary's will follow	Gananda follows Wayne

@ =HOST SCHOOL

Start dates:

-JV/V Monday **Aug. 21st**, 2023 – Start

MOD start date earliest **Aug. 28th** – or first day of school, ask your A.D.

Tuesday September 12, 2023 – League Meets – Regional week

Penn Yan, Bloomfield-N, Dundee, Honeoye, Red Jacket, Marcus Whitman@**Bloomfield**
HAC, Pal Mac, Wayne, Newark, Williamson @ Sodus/**Marion**
Romulus/SS, Waterloo, Red Creek, NRW, Geneva, Mynderse @ **Lyons-Clyde Savannah**

Tuesday September 19, 2023 – League Meets – Week 1

Dundee, NRW, Newark, Honeoye @ **Pal-Mac**
Wayne, Red Creek, Bloomfield-N @ **Williamson**
Sodus-Marion, Mynderse, Lyons-Clyde Savannah, Red Jacket, HAC @ **Waterloo**
Romulus/SS, Geneva, Midlakes, Marcus Whitman @ **Penn Yan**

Tuesday September 26, 2023 – League Meets – Week 2

Sodus-Marion, Williamson, Midlakes, HAC, Romulus/SS, Pal-Mac @ Honeoye
Wayne, Marcus Whitman, Mynderse @ Dundee
Waterloo, Geneva, Bloomfield-N, Red Jacket @ Newark
Penn Yan, NRW, Lyons-Clyde Savannah, @ Red Creek

Tuesday OCTOBER 3, 2023 – League Meets – Week 3

Pal Mac, Mynderse, Penn Yan, Honeoye @ Bloomfield-Nap
Newark, Williamson, Lyons-Clyde Savannah @ Marcus Whitman
Midlakes, Waterloo, Wayne, Romulus/SS, Red Jacket @NRW
Geneva, Dundee, Sodus-Marion, Red Creek @HAC

Tuesday OCTOBER 10, 2023 – League Meets – Week 4

Newark, Penn Yan, Wayne, HAC @Sodus-Marion
Waterloo, Pal-Mac, Red Creek, Marcus Whitman, Honeoye @Red Jacket
NRW, Mynderse, Williamson @Geneva
Lyons-Clyde Savannah, Romulus/SS, Bloomfield-Naples, Dundee, @Midlakes

Tuesday OCTOBER 17, 2023 – League Meets – Week 5

Waterloo, Dundee, Williamson, Penn Yan @ Red Jacket
Bloomfield-N, HAC, Sodus-Marion, NRW @ Marcus Whitman
Midlakes, Red Creek, Newark, Romulus @ Mynderse
Wayne, Lyons-Clyde Savannah, Geneva, Honeoye @Pal Mac

SATURDAY October 28th, 2023

LEAGUE CHAMPIONSHIPS @ NRW

SATURDAY NOVEMBER 4th, 2023

SECTION V CHAMPIONSHIPS @ Letchworth State Park

SATURDAY NOVEMBER 11th, 2023

NYS PUBLIC HS CHAMPIONSHIPS @ VVS

SATURDAY NOVEMBER 18th, 2023

NYS FEDERATION CHAMPIONSHIPS @ Bowdoin Park

- **All league meets start at 4:30**

Order of League Races will be as Follows:

- **Modified 4:30**
- **Varsity Boys 5:00**
- **Varsity Girls 5:30**